

Community Involvement Hour Log

NVO — Niagara Volunteer Opportunities · Find your hours. Find your people.

Name: _____ School: _____ Grade: _____

Organization: **Silver Maple Seniors Centre**

Address: St. Catharines

Date	Organization	What you did	Hours	Supervisor signature
	Silver Maple Seniors Centre			

Total hours: _____

Reminders: hours must be outside class time, unpaid, and finished by the end of Grade 12.
You need 40 hours total to graduate in Ontario. Hand this sheet in to your guidance office — they have the official form and the final say on what counts.